

7th Grade Retreat



What to Bring

- 1 sleeping bag
- Sheet/blankets (optional)
- 1 big towel
- 1 pair of sneakers
- 1 hat or cap
- 1 pair of long pants/jeans
- 1 pair of shorts (appropriate length)
- 1 warm jacket or sweater
- 1 pillow
- 2 t-shirts
- 1 flashlight
- Personal items: comb, hairbrush, toothbrush, toothpaste, deodorant, soap, insect repellent, contact solutions, etc.
- Medications (must be accompanied with Medication Form)
- Digital camera

What NOT to bring:

- Cell phones
 - *Per the mission of this trip, we'd like students to socialize as much as possible. Distractions from cell phones can take away from the friendships that can be formed and the memories that students can create while on this trip. We will be updating parents through emails and/or social media periodically.*
- Electronics (handheld video games, laptops, ipads, etc.)
- Snacks
 - *We will be providing ample snacks and storing them in the appropriate places. Personal snacks stored by students inside the cabin can result in visits from unwanted critters.*